COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

Click Here to go to the Virginia Department for the Aging Home Page

TABLE OF CONTENTS
AAA TUESDAY E-MAILING
August 2, 2005

COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
                    Area Agencies on Aging

FROM: E. Janet Riddick, Director – Center for Elder Rights

DATE: August 2, 2005

SUBJECT: SAVE-THIS-DATE [VICAP & Legal Service Developers]
                    Annual Statewide Legal Aid Conference: November 2 – 4, 2005

Plans are currently underway to include one VICAP and one Legal Services Developer from each of the AAAs in the 2005 Annual Statewide Legal Aid Conference. This year's conference will be at the new Hilton Hotel in Virginia Beach, Virginia from November 2nd through and including November 4, 2005.

While funding issues are still being worked out, we are attempting to put together a package, similar to last year's that will include hotel accommodations and meals for each participant. A final decision will be made by August 15, 2005. However, we ask that you reserve these dates now pending final approval.

Thank you.

COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Human Services Program Coordinator

DATE: August 2, 2005

SUBJECT: Kinship Care Initiative Statewide Coalition and Information Network

August 31, 2005 Meeting
Does your agency provide services to a grandparent raising grandchildren? Are you leading a support group for grandparents raising grandchildren? The next meeting of the Kinship Care Initiative Statewide Coalition and Information Network will be held at 10 A.M. in the Virginia Department for the Aging Conference Room on Wednesday, August 31, 2005. Scheduled guest speakers include Delegate Yvonne Miller, longtime advocate for grandparents raising grandchildren and Karen Roberto of Virginia Tech who is researching the health issues of grandparents raising grandchildren. (See attached flyer) Also, invited to attend the meeting is Richmond Times Dispatch Reporter Betty Booker, who is well known for her columns on elder issues. Please email me if you are interested in attending this meeting. **Ellen.Nau@vda.virginia.gov**

Part-time Employment Position
Women's Health Virginia is looking for a new Program Director to work 20 hours per week in their Charlottesville Office developing and implementing our programs to promote women and girls' wellness. The program director works with Women's Health Virginia Board Members, volunteers and the organization's CEO to plan the organization's annual conference and other educational programs. In addition, the program director works to build Women's Health Virginia network and expand participation in April's celebration of Women and Girls' Wellness Month and represents WHV at other organizations' meetings and conferences. Computer knowledge requirements include Microsoft WORD and Internet research. Interested persons

should send a resume to Women's Health Virginia 1924 Arlington Blvd. Suite 203
Charlottesville VA 22903 or **mail@womenshealthvirginia.org** by August 6, 2005.

Kinship Care Publication
I have a copy of the 25 Fact Sheets of *The Ties That Bind* Publication from the
Children of Alcoholics Foundation. I can reproduce these fact sheets so that you
provide copies to relative caregivers who are dealing with substance abuse issues. The
COAF wishes to see this publication copied and widely distributed to benefit this group
of caregivers. Please email me at **Ellen.Nau@vda.virginia.gov** if you would like me to mail
you a copy of the fact sheets. I also have a copy of *The Ties That Bind* handbook that
is intended for professional caregiver use. If you would like to borrow it please contact
me or, you can purchase one for $7.00 at the COAF Website, **www.coaf.org**.   A listserve
for kinship care professionals is also available at that website.

COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
                Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: August 2, 2005

SUBJECT: National Family Caregiver Support Program

New Publication
Copies of *Genes, Lifestyles and Crossword Puzzle: Can Alzheimer's Disease Be Prevented?* Can be downloaded at **www.alzheimers.org/pubs/** or up to 25 copies can be ordered free from the same website or by calling 800-438-4380. This booklet gives the layperson an idea of some of the factors in the development of Alzheimer's Disease. The National Institute on Aging is currently collecting genetic information on the development of the disease as well as studying the role of an intellectually rigorous lifestyle in Alzheimer's prevention.

Professional Caregiver Training Manual
The Paraprofessional Healthcare Institute has translated *Training Quality Home Health Aides* into Spanish. *Capacitando asistentes de calidad para el cuidado de personas en el hogar* can be downloaded at http://www.paraprofessional.org/Sections/resources.htm#te or ordered by calling at 866-402-4138. The 32 page document has information on peer mentoring and problem solving in addition to clinical skills.

Corporation for National and Community Service Grants
Challenge grants are available to nonprofit organizations to expand or launch new programs that encourage the baby boomer generation to become volunteers to help meet important community needs. Applicants are required to provide at least $2 in private funds to match every federal dollar awarded. The deadline for awards is August 23, 2005. Organizations receiving funds through these grants must focus on engaging baby boomers in full-time, part-time, or episodic community service.

Applicants must propose programs that will operate in **three or more states**. A more detailed description of the funding opportunity is available at http://www.nationalservice.gov/funding_initiatives/index.html.

COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kevin F Byrnes, AICP
Aging Demographer

DATE: August 2, 2005

SUBJECT: Comparative Demographic Data for 60 & over Population and Total Population by PSA

Recently I provided one of the AAA directors with population statistics to illustrate how much faster the older population is growing compared to the total population. These data for all PSAs and the State are summarized below.

PSA#	Virginia's Area Agencies on Aging	POPULATION (60+)		TOTAL POPULATION	
		2000 - 2003 Change	2000 - 2003 Pct. Change	2000 - 2003 Change	2000 - 2003 Pct. Change
1	Mountain Empire Older Citizens	289	1.55%	-528	-0.57%
2	Appalachian Agency for Senior Citizens	532	2.35%	-1,962	-1.68%
3	District Three Senior Services	1,117	2.67%	-281	-0.15%
4	New River Valley AAA	1,108	4.35%	1,585	0.96%
5	LOA-AAA	999	1.84%	90	0.03%
6	Valley Program for Aging Services	2,029	4.24%	5,074	1.96%
7	Shenandoah AAA	2,577	7.59%	10,905	5.86%
8A	Alexandria AAA	2,220	14.23%	-224	-0.17%
8B	Arlington AAA	1,469	6.24%	-1,450	-0.77%
8C	Fairfax Area AAA	18,420	15.60%	25,597	2.54%
8D	Loudoun Co. AAA	4,102	28.80%	47,806	27.48%
8E	Prince William AAA	6,725	26.85%	43,918	13.33%
9	Rappahannock-Rapidan Community Svs. Brd.	2,399	10.18%	12,246	9.03%
10	Jefferson Area Board for Aging	2,679	8.17%	9,114	4.54%
11	Central Va. AAA	1,798	4.09%	2,127	0.93%
12	Southern Area AAA	1,578	2.97%	-1,068	-0.43%
13	Lake County AAA	375	1.91%	-728	-0.83%
14	Piedmont Sr. Resource AAA	425	2.19%	1,073	1.11%

PSA#	Virginia Area Agencies on Aging	POPULATION (60+)		TOTAL POPULATION	
		2000 - 2003 Change	2000 - 2003 Pct. Change	2000 - 2003 Change	2000 - 2003 Pct. Change
15	Senior Connections: the Capital AAA	8,461	6.71%	32,778	3.77%
16	Rappahannock AAA	4,174	14.92%	36,930	15.17%
17/18	Bay Aging	1,598	5.07%	4,651	3.49%
19	Crater AAA	353	1.20%	934	0.56%
20	Senior Services of SE Va.	8,552	5.93%	40,951	3.79%
21	Peninsula AAA	5,089	7.64%	11,085	2.43%
22	Eastern Shore AAA-CAA, Inc.	-48	-0.40%	854	1.66%
	VIRGINIA TOTAL	**79,020**	**7.38%**	**281,477**	**3.96%**

Source: National Center for Health Statistics and U.S. Bureau of the Census, Population Estimates Branch, "Bridged Race Estimates of the US Resident Population" found on the Internet at:

http://www.cdc.gov/nchs/about/major/dvs/popbridge/popbridge.htm

The data provided in the above table have been extracted from a large Excel spreadsheet file created by VDA staff which formats the NCHS/Census Bureau data in a user-friendly fashion, providing population estimates by single year of age (from under 1 year to 85 and over) for all males and females for the following racial groups: White, Black, American Indian & Alaskan Native, and Asian & Pacific Islander; and for each racial group, by Hispanic and Non-Hispanic Origin. The full table, providing detail for all 134 cities and counties can be found on the VDA web site at:

http://www.vda.virginia.gov/downloadable/2000-03DLPE.htm

Scroll down the page to the download link "**2003 Bridged Race Pop Estimates (.exe)**" to get the full Excel spreadsheet or to gain access to the full database for custom data reports.

If you have any questions concerning these data, please give me a call (804-662-7047) or send me an e-mail (Kevin.Byrnes@vda.virginia.gov).

MEMORANDUM

TO: Executive Directors
             Area Agencies on Aging

FROM: Tim M. Catherman
             Deputy Commissioner, Support Services

DATE: August 2, 2005

SUBJECT: Virginia Aging and AoA in the News

Below are Virginia Aging or AoA related articles that have occurred since last week's Tuesday E-mailing. These links do not require a paid service; however, some (like the Washington Post, etc.) ask a brief survey or registration. Please note some links are time sensitive and can change daily. Some articles may be editorial and/or political. Links are presented 'as is'.

If you are aware of additional articles, please e-mail me a link for inclusion next week.

Virginia AAAs In the News
HOTSEAT- Age defying: JABA's hippie CEO
The Hook - Charlottesville, VA
Gordon Walker is usually photographed in a suit, appropriate attire for the CEO of the Jefferson Area Board for Aging, the chairman of the Albemarle School ...

Couple raise $9,000 for cancer center
Roanoke Times - Roanoke, VA
... The League of Older Americans Area Agency on Aging raised more than $25,000 at the 15th Annual ... The Giving column recognizes generosity in Western Virginia. ...

Medicare seeks to aid indigent
Roanoke Times - Roanoke, VA
... counselor on health insurance issues with the Virginia Insurance Counseling and Assistance Program. Abell is based at the LOA Area Agency on Aging in Roanoke. ...

Pharmacy Connect a 'Godsend'
Bristol Herald Courier - Bristol, TN
... Virginia residents who received help from Pharmacy Connect last year. He joined the program staff and state lawmakers Tuesday at Mountain Empire Older Citizens ...

[Pharmacy Connect nears $60 million mark](#)
Coalfield Progress - Norton, VA
But Maxwell, executive director of Mountain Empire Older Citizens and one of the architects ... Southwest Virginia has proved this pilot to be successful, and now ...

[Complaints spark probe of nursing home](#)
Roanoke Times - Roanoke, VA
... the long-term care ombudsman for the New River Valley Agency on Aging, which also ... Jeff Jellerson, the Virginia division president for Tandem Health Care, which ...

[Senior Medicare Patrols Get $9.4 Million from Administration on ...](#)
SeniorJournal.com - San Antonio, TX
July 14, 2005 -- Sixty-four Senior Medicare Patrol projects, including 38 new ones, will receive $9.4 million from the Administration on Aging to train ...

Fan Care in the News
[Cooling Down Seniors](#)
Burke Connection - McLean, VA
... 5411. Organizations wishing to become Fan Care partners should contact the Virginia Department for the Aging at 800-552-3402…

[WHEW, IT'S HOT](#)
Lynchburg News and Advance - Lynchburg, VA
By noon Tuesday, the temperature had already climbed to 89 degrees, 25 people had called the Central Virginia Area Agency on Aging to ask for fans, and the ...

[Agency offers fans and AC units](#)
Richmond Times Dispatch - Richmond, VA
... agency gave 160 fans and 16 air conditioners between June and September with grants from Dominion Virginia Power, the Virginia Department for the Aging and the ...

[Agency on Aging offers cool relief for the elderly](#)
Petersburg Progress Index - Petersburg, VA
... "The money is given to the Virginia Department for the Aging and they use it to purchase fans as well as a limited number of air-conditioning units for those ...

AoA in the News
[Administration on Aging Releases 2004 Annual Report](#)
SeniorJournal.com - San Antonio, TX
July 21, 2005 -- The Administration on Aging, which was established by the Older Americans Act (OAA) in 1965, has released their annual report for 2004. ...

COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
      Area Agencies on Aging

FROM: Jay W. DeBoer, JD, Commissioner

DATE: August 2, 2005

SUBJECT: **UNITED WE RIDE TRANSPORTATION INVENTORY**

The purpose of this memorandum is to ask each AAA Executive Director to assign a primary transportation contact to work with the VA Department for Rail and Public Transit (DRPT) to complete a human service transportation inventory during the month of August 2005. This inventory should require no more than 30 minutes to 1 hour of the individuals' time (less if ready-transportation data is available within your system). Your cooperation with this inventory is important to help us improve the accessibility of transportation at the local level for people who are aging and seniors and to improve local/regional input in the brokering of Medicaid transportation.

The President's *United We Ride Initiative* (UWR) has provided some resources for the development of state action plans to enhance coordination of human service transportation. Such coordination has been shown across the country to increase access to healthcare, jobs or job training, education, and social services and social networks for persons with disabilities, seniors, or other beneficiaries of human services. Other benefits reported by the Federal Transportation Administration are:

- Increased availability of transportation and reduced overhead costs;

- Less duplication of services/Lower overall costs (with less cost shifting);

- Better trained drivers and staff who are able to handle all consumers – general public, aging, persons with MH or MR issues or physical disabilities; and

- Better support from all levels of government.

In coordination with all Health and Human Resource (HHR) agencies under Secretary Jane Woods, the DRPT is now using the UWR Coordination Grant to establish a clear baseline of the

Commonwealth's human service transportation resources, unmet needs, and current level of coordination, or lack thereof, in local communities across the state. Drilling down to the local level, the DRPT inventory will determine the availability of *funded transportation services* within each community and the capacity of each community including the number and type of vehicles. Program eligibility requirements and fee structures will also be examined. Primary destinations of funded transportation within each service area will be identified and mapped by type of human service agency. Other local agencies participating in the survey are Community Services Boards (CSBs), non-profits or for profit programs funded privately or by the Department of Rehabilitative Services, Departments of Social Services and public transit systems. Data from the Department of Medical Assistance Services will be used to verify and reinforce data throughout the process.

To avoid over-estimation of funded transportation opportunities, DRPT is asking that the agency providing primary case management for individuals provide information about their local transportation systems. **Please immediately send the name of the primary transportation contact for your agency (i.e., contact will be responsible for providing information on transportation to all aging programs in your service area including nutrition programs, senior centers, Adult Day Care, etc.) to Neil Sherman, DRPT (804) 786-1154 (Neil.Sherman@drpt.virginia.gov) and Janet Hill, Research Associate, VCU Commonwealth Institute for Child and Family Studies (804) 213-0092 (jhill@hsc.vcu.edu).**

Thank you for your attention and cooperation with this matter. I look forward to reviewing this information with you in the future.

General Overview

United We Ride Transportation Inventory 2005
Neil Sherman, Department of Rail and Public Transportation

Background: The benefits of coordinated transportation across human service agencies have been discussed at federal, state, and local levels since the mid-seventies. States and localities engaged in transportation coordination report that such efforts hold promise for:

- Improved transportation to jobs, medical assistance, and life sustaining trips;
- Increased services and reduced overhead costs;
- Avoidance of duplicated services and lower overall costs (with less cost shifting);
- Better trained drivers and staff who are able to handle all consumers – general public, aging, MH/MR/SA, and physical disabilities; and
- Better support from all levels of government.

In 2004, the VA Department for Rail and Public Transit received a FTA *United We Ride* (UWR) State Coordination Grant to assist in development of an "Action Plan for Coordinating Human Service Transportation" for Virginia. Based upon the lack of comprehensive information on human service transportation needs, the Interagency Transportation Council determined that the UWR project should be used to establish a clear baseline of the Commonwealth's human service transportation resources, the unmet needs, and current level of coordination, or lack thereof, in communities across the state. DRPT has collaborated with the VCU Commonwealth Institute for Child and Family Studies to assist in the inventory development, analyses, and final report development.

Method: In Virginia, the availability of human service transportation services is dependent not only on the number and type of vehicles and service providers operating within the state but also on the amount of "funded" human service transportation. The DRPT inventory will determine the availability of *funded transportation services* within each community and the capacity of each community including the number and type of vehicles, per program eligibility requirements, and fee/fare polices. Primary destinations of the funded transportation systems within each service area will be identified and mapped by type of human service agency. Opportunities for agencies to better coordinate transportation to their primary destinations will be examined. In addition, each community's current coordination efforts, the barriers and factors which contribute to successful coordination will be identified and summarized.

The agencies being asked to participate in the inventory are Community Services Boards (CSBs), Area Associations on Aging (AAAs), non-profits or for profit programs/Employment Support Organizations (ESOs) funded privately or by Department of Rehabilitative Services (DRS) vendorships, Departments of Social Services (DSS) and Public Transit systems. Data from the Department of Medical Assistance Services will be used to verify and reinforce data throughout the process.

Specifics for Human Service Agencies: The 2005 UWR Transportation Inventory is attempting to identify the amount of *funded transportation* that occurs on a regular (daily/weekly) basis in VA across multiple agencies without duplicating counts or overestimating availability of transportation. To accomplish an unduplicated count, the primary agency responsible for supporting or arranging transportation for consumers/clients will be asked to provide relevant data on their consumers' transportation (i.e., CSBs will be asked to provide information on all CSB case-managed persons regardless of where they are served, ESOs will be asked to provide information on all non-CSB persons who are funded for services by DRS or other private or grant funding sources, etc. [1] AAAs will provide information on all transportation to aging programs and medical sites. DSS will provide information on all regular transportation of clients to employment or training programs and public transit will provide available information on any contracted or special transportation for human service agencies).

Specifically, this inventory will seek to establish the following database:

- Number and type of organizations that are involved in, or arrange daily/weekly transportation of human service consumers in VA (also name, address, contact persons).

- Number and type of those organizations that are involved in <u>direct</u> transportation (daily/weekly) of human service consumers.

- Name, number and type of private transportation providers that work with agencies that are involved in, or arranging, daily transportation of human service consumers.

- Polices in transportation of human service consumers (fees/fares, types of services, etc.).

- The primary destinations (programs/services) in each community to which human service consumers are transported regularly. (Primary destinations of funded transportation <u>within each service area</u> will be listed and mapped by type of human service agency (hours and days of services and types of vehicles associated with destinations will be listed).

---

[1] Those entities that are both a CSB and an ESO will complete one inventory but provide numbers on CSB arranged-persons vs. non-CSB consumers (i.e., DRS or privately funded) separately.

- Primary destinations of funded transportation <u>outside service area</u> will be listed and mapped by type of human service agency (hours, days, types of vehicles associated with destinations will be listed).

- Unmet transportation needs will be identified/listed by geographic area and by type of need.

- Types of **coordination efforts** will be listed by geographic areas, type of agency, size of agency (Coordination efforts can range from minimal to intense and may include uniform billing approaches, sharing in radio or dispatch efforts, using the mechanics of a larger system, sharing vehicles, etc.).

- Level of satisfaction with coordination efforts will be summarized (% satisfied by type).

- Factors contributing to the perceived success of transportation coordination, if any and barriers to success of coordination efforts will be identified by area, agency, etc.

- Those agencies involved in shared transportation training (cross-agency training) by area, by type.

- Average and range of expenses (per one way ride) for FY 2005 reported by agencies will be calculated by type of agency, size, geographic area, etc.

- Types of revenue collected will be listed by agency type, size, geographic area, etc. and the average and range of revenue for FY 2005 reported by agencies calculated by type, size, geographic area, etc.

- Amount of services purchased from other providers will be summarized by agency type, size, geographic area, etc./Average and range of cost of services will be summarized by type, size, geographic area, etc., as possible.

COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

TO: Executive Directors
               Area Agencies on Aging

AND: AIM System Managers

FROM: Leonard Eshmont
               Information System Administrator

DATE: August 2, 2005

RE: AIM Administrator Workshop / Annual Review

VDA will hold a one day AIM Administrator Workshop in two locations this year. On Thursday September 22nd, 2005 the event will be held in Richmond within our Forest Office Park Complex. On Wednesday September 28th, 2005 the event will be held at the Wyndham Hotel in Roanoke, Virginia. Purpose of the meetings are to review changes in AIM over the past year, inform administrators of future enhancements, and to provide a refresher course on current policy related to the tracking of UAI and service data.

Lodging is available for the Richmond event the night of September 21st at the Crown Plaza Richmond West for the state rate of $74.00 per room plus applicable taxes. Reservations can be obtained by calling toll free (800) 227-6963 and identifying yourself with the VDA AIM Workshop. Reservations must be made no later than September 1, 2005; otherwise there is no guarantee a room will be available at the time of your request.

Lodging is available for the Roanoke event the night of September 27th at the Wyndham Roanoke Airport Hotel for the state rate of $68.00 per room plus applicable taxes. Reservations can be obtained by calling toll free (800) 996-3426 and identifying yourself with the VDA AIM Workshop. Reservations must be made no later than September 6, 2005; otherwise there is no guarantee a room will be available at the time of your request.

Agenda as well as directions for the conference rooms and Hotels have been included with this mailing. A copy of this notice will be emailed to all AIM administrators as well. Please respond by September 6, 2005 as to the number and names of attendees from your agency by calling my office at (804) 662-9800 or by email at Leonard.Eshmont@vda.virginia.gov.

COMMONWEALTH of VIRGINIA

Department for the Aging
1610 Forest Avenue, Suite 100
Richmond, Virginia 23229

Telephone (804) 662-9333
TDD (800) 552-3402
FAX (804) 662-9354

VIRGINIA AGING INFORMATION SYSTEM – AIM WORKSHOP
AGENDA
September 22nd and 28th, 2005

9:30 am   **Greetings and Introductions**

10:00 am   Title III-E – The National Family Caregiver Support Program(NFCSP)
- The Guidance Document
- VA98 – Current NAPIS Groups
- The basics to VA36 Report and Supporting Docs

11:00 am   Break

11:15 am   The Aging Monthly Report

12:00 pm   **Lunch**

1:15 pm   Summary of Changes Since Last We Met and Reminders
- NAPIS Race Codes
- Upgrade to AIM Version 9.0.2.1 from AIM Version 9.0.1.8
  - New AIM Assessment Screen
- AIM Remote 2.2
- Submitting Data and AMR to VDA
- Server Recommendations
- Infomaker 9.0

2:30 pm   Break

2:45 pm   Continue Changes and Reminders
- New VDA Reports Available
- Suggestions for Future Reports
- Upcoming Infomaker Training January

3:45 pm   Closing
- Evaluation
- Next Meeting

4:00 pm   **Adjourn**

Virginia Department for Aging
AIM Workshop
September 22nd, 2005

Directions to the Crown Plaza Richmond West (formerly Holiday Inn)
Richmond (I-64 and West Broad Street)
6531 West Broad Street
Richmond, VA 23230
Ph. (804) 285-9951

From North of Richmond: Take I-95 South to Exit 79 (I-64 West/I-195 South). Take Exit 183B (Broad Street East). Go approximately 1/5 mile bear right on Broad Street. Go approximately 1/10 mile to the Holiday Inn.

From South of Richmond: Take I-95 North to Exit 79 (I-64 West/I-195 South). Take Exit 183B (Broad Street East). Go approximately 1/5 mile bear right on Broad Street. Go approximately 1/10 mile to the Holiday Inn.

From East of Richmond: Take I-64 West to Exit 183B (Broad Street East). Go approximately 1/5 mile bear right on Broad Street. Go approximately 1/10 mile to the Holiday Inn.

From West of Richmond: Take I-64 East to Exit 183B (Broad Street East). Go approximately 1/5 mile bear right on Broad Street. Go approximately 1/10 mile to the Holiday Inn.

Virginia Department for the Aging
AIM Workshop
September 22nd, 2005

Forest Office Park
1604 Santa Rosa Road
2nd Floor Suite 232A (Richmond and Henrico Rooms)
Richmond, VA 23229
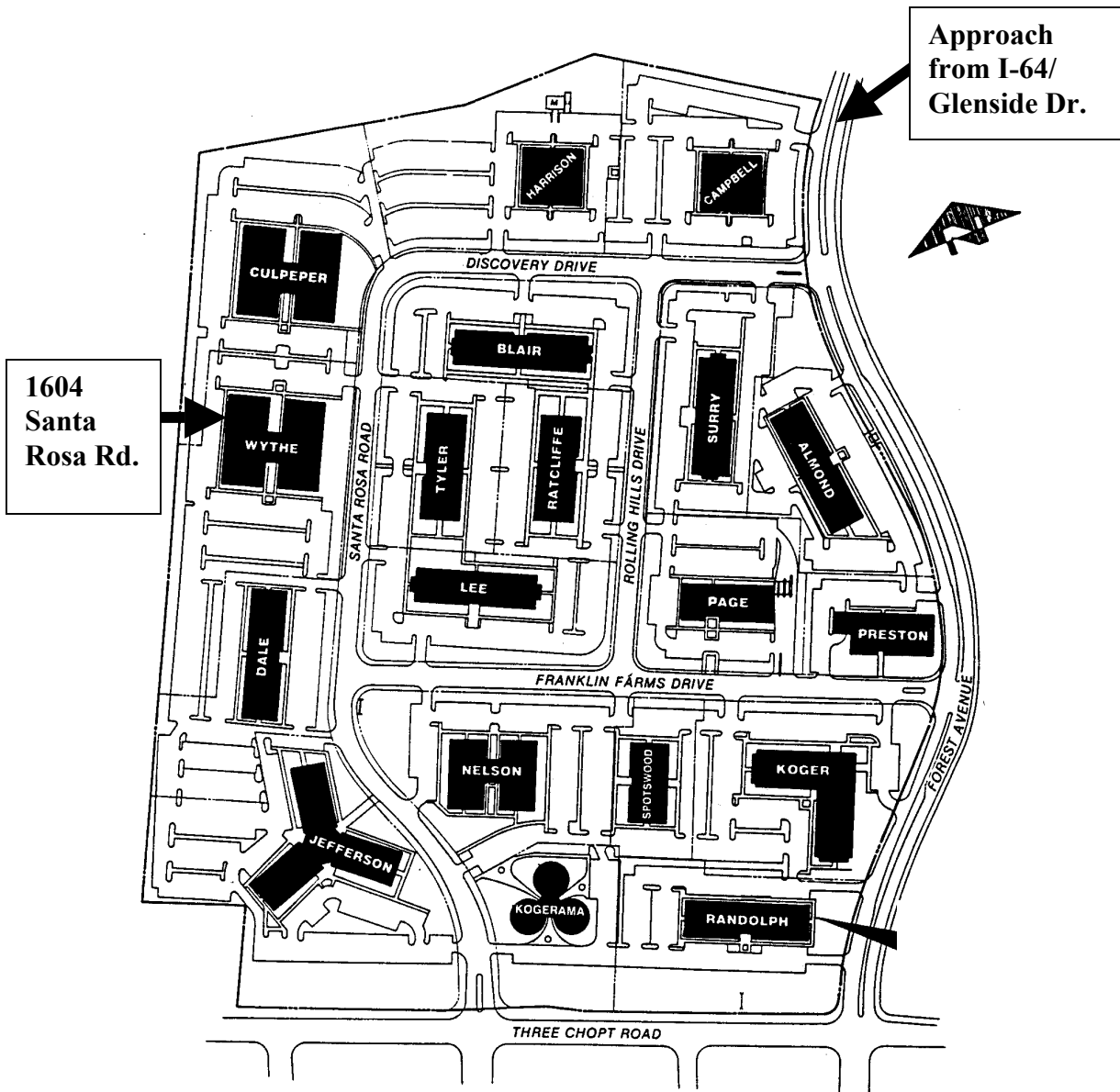**804-662-7470**

See Map Below

Traveling on Interstate 64 East: Approaching Richmond from the west (Roanoke, Lynchburg, Charlottesville, etc.), take the BROAD ST. ROAD/GLENSIDE DRIVE EXIT 183 off I-64. Go RIGHT off the exit onto GLENSIDE DRIVE, following the blue hospital sign. **Go to "Final Approach" below.**

Traveling on Interstate 64 West: Approaching Richmond from the east (Virginia Beach, Norfolk, Williamsburg, etc.), follow I-64 West through Richmond using I-95 North. Leave I-95 North at the CHARLOTTESVILLE EXIT, continuing on I-64 West. Take the GLENSIDE DRIVE SOUTH EXIT 183A. **Go to "Final Approach" below.**

Traveling on Interstate 95 North: Approaching Richmond from the south (Hopewell, Petersburg, Emporia, etc.) take the CHARLOTTESVILLE EXIT onto I-64 West. Take the GLENSIDE DRIVE SOUTH EXIT 183A. **Go to "Final Approach" below.**

Traveling on Interstate 95 South: Approaching Richmond from the north (Winchester, Fairfax, Arlington, etc.) take the I-295 EXIT marked CHARLOTTESVILLE I-64. When I-295 ends, in approximately 9 miles, take the I-64 EAST EXIT toward Richmond. Take the BROAD ST./GLENSIDE DRIVE EXIT 183. Go RIGHT off the exit, following the blue hospital sign. **Go to "Final Approach" below.**

<u>Final Approach</u>: **Continue on GLENSIDE DRIVE a short distance (3/10 mi.) to the stoplight at FOREST AVENUE. Turn RIGHT onto FOREST AVENUE and continue approximately 1½ miles to the stoplight at DISCOVERY DRIVE (you will cross SKIPWITH ROAD and pass HENRICO DOCTORS' HOSPITAL on the left.) At the stoplight, turn RIGHT onto DISCOVERY DRIVE. DISCOVERY DRIVE turns sharply to the left and becomes SANTA ROSA ROAD. As you make this turn, building 1604 is on your right. There is parking on three sides of the building.**

Directions to the Wyndham Roanoke Airport Hotel
Roanoke, Virginia
AIM Workshop
September 28, 2005

Hotel Address:
2801 Hershberger Road
Roanoke, VA 2401
Phone: 540-563-9300

Directions:

- From Interstate 81 (North or South)
- Take Exit 143 to I-581(South) in Roanoke
- From I-581 take Exit 3W (Hershberger Road)
- Take right (U-turn) at the first light and you will see the Wyndham Roanoke Airport sign
- Hotel entrance is on your left